



КОНТРОЛЬНАЯ РАБОТА №2 ПО ДИСЦИПЛИНЕ «ИНОСТРАННЫЙ ЯЗЫК (АНГЛИЙСКИЙ)»

Вариант 1

1. Прочтите и переведите текст:

My Attitude to Sports

Let me tell you about my own attitude to sports and sportsmen.

To begin with I must say that sport is one of the things that always keep people fit. I think that everyone must do all he can to be healthy. Physically inactive people get older earlier than those who have plenty of exercises. If you do daily exercises regularly you feel refreshed, have a good posture and that makes you feel well.

Wise people say that good health is a great blessing. Everyone should do all possible to stay healthy. Being in good health means having both body and mind in good working order free from diseases and pain.

There is a truthful Latin proverb: "A sound mind is in a sound body". If you want to keep yourself fit, you are to go in for sports.

Sport is very popular in our family. Together with my father we do our usual morning exercises at home and twice a week we have our basketball training in the sports club and in summer we like to swim most of all, because swimming makes a man healthy and strong. I'm a hockey fan, too. I try to watch every hockey match on TV. Moreover I take part in different sports competitions which our school organizes from time to time. The most popular kinds of sport in our school are football, basketball, gymnastics, and wrestling. Some boys are also fond of boxing. Among girls callisthenics is very popular. All these sports have their strong supporters.

My favourite kind of sport is tennis. I have been playing it since I was eleven years old, and the more I play it, the more I like it. There is a good tennis court not far from my house and I often go there with my friends.

2. Ответьте на вопросы:

1. Why should people go in for sports? 2. Is it difficult to choose the kind of sport you would like to go in for? 3. Why are the lessons of physical training at school so important? 4. What kind of sport are you fond of? 5. Why are you fond of this kind of sport?

3. Найдите в тексте и выпишите следующие слова и выражения:

быть здоровым, быть в форме; ежедневно делать физзарядку; чувствовать себя бодрым, обновленным; осанка; благо; disease; верный, правильный, правдивый; соревнования; борьба; ритмическая гимнастика.



4. Выпишите и переведите предложения с оборотом *thereare/ thereis*.
5. Выпишите из текста все названия видов спорта.
6. Выпишите из текста и переведите 5 глаголов, составьте с ними 5 предложений в *PresentContinuous*
7. Выпишите из текста и переведите 5 существительных и образуйте от них множественное число.
8. Выпишите из текста и переведите 5 глаголов и составьте с ними предложения.

Вариант 2

1. Прочтите и переведите текст:

MyAttitudetoSports

If you want to be healthy, strong and beautiful, you should go in for sports. When I go in for sports, I feel wonderful. I don't sneeze or cough. I am cheerful, active and full of energy. In summer I go swimming. I enjoy spending winter holidays in the country. There I can ski or skate. Certainly, it depends on the weather.

For those who have already determined to go in for sport it is very important to choose the kind of sport he likes best.

First touch to sports and games we make in childhood. In school we discover our favourite sports and games. That's why the lessons of physical training at school are very important.

At school we have PT lessons twice a week. Those who want to become professionals attend specialized sport sections.

As for me I enjoy basketball. Basketball is a dynamic and interesting game. It develops many good qualities such as rapid reaction, will-power and collective spirit.

I have already realized that sport is desperately necessary for everybody.

2. Ответьте на вопросы:

1. *What should a person do if he wants to be beautiful, healthy and strong?*
2. *For whom it is important to choose the sport that he likes?*
3. *When do we first encounter sports?*
4. *What kind of sport does the author of the text prefer?*
5. *What kind of sport do you prefer?*

3. Найдите в тексте и выпишите следующие слова и выражения:

Быть здоровым, быть полным энергии, кататься на лыжах и на коньках, заниматься спортом, урок физкультуры, спортивные секции, быстрая реакция, сила воли, развивать, заниматься плаванием.

4. Выпишите и переведите предложения с местоимением *it* и обратите внимание на перевод местоимения *it*.



5. Выпишите из текста все названия видов спорта.
6. Выпишите из текста и переведите 5 глаголов, составьте с ними 5 предложений в Present Continuous.
7. Выпишите из текста и переведите 5 существительных и образуйте от них множественное число.
8. Выпишите из текста и переведите 5 глаголов и составьте с ними предложения.

Вариант 3

1. Прочтите и переведите текст:

My Attitude to Sports

If you want to be healthy, strong and beautiful you should go in for sports. If you want to keep yourselves fit, you should go in for sport regularly. Nobody likes to be stout and clumsy. We enjoy watching nice bodies of sportsmen, their strength and adroitness.

When I go in for sports I feel wonderful. I don't sneeze or cough. I am cheerful, active and full of energy. I try to do some training almost every day. In summer I go swimming or rowing. I enjoy spending winter holidays in the country. There I can ski or skate. Certainly, it depends on the weather. But all the same in the country there are more possibilities for this than in town.

For those who have already determined to go in for sport is very important to choose the kind of sport he likes best. Some games are quiet, others are very lively, active. Some kinds of sports need simple equipments and facilities, others — rather complex ones. First touch to sports and games we make in childhood. Later on in school we discover our favourite sports and games. I doubt whether the bare idea that sport is helpful to make us healthy, will make somebody go in for sport if he doesn't like physical exercises. That's why the lessons of physical training at school are very important.

At school we have PT lessons twice a week. Our sports teacher is a reasonable woman. She realizes that those who want to become professionals attend specialized sport sections but the majority of us will remain amateurs.

Our teacher considers her pupils must enjoy sports, then they will go in for sports and when they graduate from school. And I completely agree with her.

As for me I enjoy basketball. Basketball is a dynamic and interesting game. It develops many good qualities such as rapid reaction, accuracy, dexterity, agility, endurance, will-power and collective spirit. The object of the game is quite simple. To win you must put the ball through the hoop more often than your opponent. This means the basketball player must learn to shoot effectively. All the players may take part in both the attack and the defence.

I have already realized that sport is desperately necessary for everybody. I'd like to give you advice: if you haven't choose the kind of sport for you yet, do it and you'll see: your life will become more interesting.

2. Ответьте на вопросы:

1. How often do you need to exercise to be in shape?



2. What types of sports does the author divide into?
3. *When do we first encounter sports?*
4. What does the author's teacher think about sports?
5. What is the goal of the game of basketball?

3. Найдите в тексте и выпишите следующие слова и выражения:

Быть здоровым, быть бодрым, сила, ловкость, принимать участие, заниматься спортом, урок физкультуры, спортивные секции, быстрая реакция, сила воли, развивать, бросать мяч, сила воли, нападение, защита, коллективный дух.

4. Выпишите и переведите предложения с отрицанием **don't** обратите внимание на перевод местоимения **it**.
5. Выпишите из текста все названия видов спорта.
6. Выпишите из текста и переведите 5 глаголов, составьте с ними 5 предложений в Present Continuous
7. Выпишите из текста и переведите 5 существительных и образуйте от них множественное число.
8. Выпишите из текста и переведите 5 глаголов и составьте с ними предложения.

Вариант 4

1. Прочтите и переведите статью:

THE AGE OF SPORT

*"It's not just a pastime or a hobby. Sport has become a world - wide obsession",
writes Simon Carter.*

Sport used to be like fresh fruit and vegetables. Football had its season, then it ended, and you had to wait a while to get some more. Tennis was an explosion of Wimbledon at the end of June, Flushing Meadow in September and the Australian Open in January, and that was that. Now, just as you can get fresh strawberries all year round, there are major championships for every sport taking place somewhere in the world all of the time.

Sport is everywhere

Sport is ubiquitous. SkyTV has at least thirteen sports channels. Throughout the world there are a great number of newspapers and magazines totally dedicated to sport. Sports personalities have become cultural icons, worshipped like movie-stars and sought after by sponsors and advertisers alike. Where sport was once for fun and amateurs, it is now the stuff of serious investment. Now sport invades areas of life where previously it had no presence: fashion, showbiz, business. It is a worldwide obsession.

Why this obsession with sport?

First, we seriously believe that sport is something we can all do, however badly or however



well. Tens of thousands set off on the London and New York Marathons. Amateur football matches take place all over the world every weekend. Sport is a democratic activity. Second, sports stars are self-made people. Sport is dominated by athletes from ordinary backgrounds. This is why it is a classic means by which those from the poorest backgrounds can seek fame and fortune.

Third, we enjoy watching sport because we like to see the supreme skill of those who act like gladiators in the modern arena. There is the excitement of not knowing who is going to win.

The role of television

Television has been absolutely crucial to the growing obsession with sport. Television changes sport completely, nearly always for the worse. We are saturated with football nearly every night of the week with the same top clubs playing each other again and again; TV companies dictate tennis players' schedules. The most important matches must take place at a time when most people are at home, even if this is late at night. Only in this way are the highest advertising fees commanded.

2. Ответьте на вопросы:

- 1) Why is sport compared to fresh fruits and vegetables and strawberries?
- 2) How is sport connected to fashion or business?
- 3) How has TV changed sport? Has this change been beneficial or not?
- 4) Why is the London Marathon mentioned?
- 5) Why are most sport starts like everyone else?
- 6) What can sport offer that a concert can't?
- 7) What are the most watched sports events?

3. Составьте краткий пересказ статьи. (не менее 12 предложений)

4. Выпишите из текста и переведите предложения с оборотом *thereare/is*.

5. Выпишите из текста и переведите 5 глаголов, составьте с ними 5 предложений в Present Continuous

6. Выпишите из текста и переведите 5 существительных и образуйте от них множественное число.

7. Выпишите из текста и переведите 5 глаголов и составьте с ними предложения.

Вариант5

1. Прочтите и переведите текст:

TRACK EVENTS

Both men and women participate in competitive track events, but the sexes do not compete against each other.

At the Olympic Games and other high-level international competitive track meets, men participate in the 100-metre, 200-metre and 400-metre sprints; the 800-metre, 1500-metre, 5000-



metre, and 10,000 metres runs; the 4 x 100-metre and 4 X 400-metre relays; the 100-metre and 400-metre hurdles, the 3000-metre steeple-chase; the marathon, and the 20-kilometre walk. Women's events include the 100-metre, 200-metre, and 400-metre sprints; the 800-metre and 1500-metre runs; the 4 X 100-metre and 4 X 400-metre relays; and the 100-metre hurdles.

Although the relays are the only official team events, most track meets are contests between or among teams. To this end, individual scores are added together to produce a team total. Generally speaking, however, men's scores remain separate from women's. In races which cover 800 metres or less, runners are assigned lanes at the starting line. They must remain in their respective lanes over the entire distances when competing in events under 800 metres in length.

In the 800-metre run, runners must stay in their respective lanes until they pass the first curve. In the 4 X 400-metre relay, runners must stay in their respective lanes through the first three curves. After meeting these requirements, though, all runners are free to run in any lane of their choosing

In the steeple-chase event, competitors must go over all 28 hurdles and seven water jumps. A competitor risks disqualification if he goes around a hurdle or fails to go over or through the water.

Hurdlers must go over all 10 hurdles in the 100-metre (women's), 110-metre (men's) and 400-metre (men's) races. Knocking over a hurdle accidentally is not penalized, but a hurdler risks disqualification if he purposefully knocks one down with his hand or foot.

Marathon runners cannot receive food or water during the race except at the official refreshment stations, positioned along the roadway every three miles (except for the first station which is seven miles from the starting point).

Racewalkers are watched closely because the rules specify that one foot must be on the ground at all times, and each leg must be straightened briefly while that foot is touching the surface.

2. Ответьте на вопросы:

1. Can men and women compete against each other?
2. Have the distances changed according to new rules?
3. How must the athletes behave on track when they compete in events less than 800 metres and the 800-metre run?
4. How many hurdles and water jumps must steeple-chase competitors go over?
5. When does a hurdler risk disqualification?
6. Why are race walkers watched closely?

3. Составьте краткий пересказ текста. (не менее 12 предложений)

4. Выпишите из текста все числительные и напишите их буквами.

5. Выпишите из текста и переведите 5 глаголов, составьте с ними 5 предложений в Present Continuous

6. Выпишите из текста и переведите 5 существительных и образуйте от них множественное число.

7. Выпишите из текста и переведите 7 глаголов и составьте с ними предложения.



8. Задайте вопрос к выделенным словам и словосочетаниям:

1. Marathon runners cannot receive food or water during the race except at the **official re-freshment stations**.
2. Knocking over a hurdle accidentally is not penalized, but a hurdler risks disqualification if he **purposefully knocks one down with his hand or foot**.

Вариант 6

1. Прочтите и переведите текст:

The Original Kodokan Judo Tournament Rules

1. Each contestant shall wear coat and belt.
2. A contestant shall be deemed to have been defeated when his two shoulders and hips shall have touched the floor, provided that said contestant shall have reached this position on the floor through having been thrown down.
3. A contestant shall be deemed to have been defeated when in such position on the floor, if said combatant cannot free himself from his opponent's arms within two seconds' time.
4. A contestant shall be deemed to have been defeated when from any cause or causes he may become unconscious. But it is not permitted to use serious tricks when the wrestling bout is between friends. Such tricks as kicking and the breaking of arms, legs, and neck are barred.
5. A combatant shall be deemed to have been defeated when he has been reduced to submission through the employment by his opponent of any hold or trick.
6. When a defeated combatant finds himself obliged to acknowledge his submission, he must pat or hit the floor or his antagonist's body, or somewhere, with his hand or foot. This patting with foot or hand is to be regarded as a token of surrender.
7. When a defeated combatant pats or hits the floor, or anywhere, in token of submission, the victor must at once let go his hold.
8. It is understood and agreed that the Jiu-Jitsu man, whether he fights a boxer or contests with a wrestler, shall be allowed to use in his defense any of the tricks that belong to the art of Jiu-Jitsu.
9. It is further understood and agreed that the Jiu-Jitsu man assumes no responsibility for any injury or injuries caused by any act or thing done during the contest, and that the Jiu-Jitsu man shall be held free and blameless for any such ill effect or injury that may be received during the contest.
10. Two competent witnesses representing each side, or four in all, shall see to it that these articles of agreement are properly **drawn**, signed, and witnessed, to the end that neither contestant or other participant in the match shall have cause for action on any ground or grounds resulting from any injury or injuries, or death, caused during the contest.

2. Ответьте на вопросы:

1. What each participant of the tournament wears?



2. What techniques are forbidden to perform when the fight is between two friends?
3. What should a defeated fighter do?

3. Найдите в тексте и выпишите следующие слова и выражения:

Турнир, участник, пояс, быть побеждённым, освободиться, победитель, ослабить хватку, травма, повреждение, соревнование, соглашение.

4. Выпишите все существительные из задания №3 и образуйте от них множественное число.

5. Найдите в тексте и выпишите следующие предложения:

1. Участник считается проигравшим, если его два плеча и бедра коснулись пола, при условии, что он достиг этого положения на полу, будучи брошенным вниз.
2. Когда побежденный боец хлопает, ударяется об пол или где угодно в знак подчинения, победитель должен немедленно отпустить свою хватку.

6. Выпишите из текста и переведите все предложения с местоимением *it*

7. Выпишите из текста и переведите 7 глаголов и составьте с ними предложения.

Вариант 7

1. Прочтите и переведите текст:

Olympic Games

The world's greatest international sports games are known as the Olympic Games. The Olympic idea means friendship, fraternity and cooperation among the people of the world. The Olympic Movement proves that real peace can be achieved through sport.

The Olympic emblem is five interlinked rings: blue, yellow, black, green and red. Any national flag contains at least one of these colors.

The original Olympic Games began in ancient Greece in 776 B.C. These games were part of a festival held every fourth year in honour of God Zeus at the place called Olympia. It was a great athletic festival, including competitions in wrestling, foot racing and chariot racing, rowing and others.

The games were for men only. Greek women were forbidden not only to participate but also to watch the Olympics.

The first modern Olympic Games were held in Athens in 1896. Then they were resumed in London after the Second World War. Since then the Olympics are held every fourth year in different countries.

The ancient Greeks had no winter sports. Only in 1924 the first Winter Olympic Games were held in France. Now they are being held regularly.

Vocabulary:



B.C. (before Christ) — донашейэры Zeus — Зевс

2. Ответьтенавопросы:

1. What are the world's greatest sports games? 2. What does the Olympic idea mean? 3. What is the Olympic emblem? 4. Why have these colors been chosen? 5. When and where did the original Olympic Games begin? 6. Did women participate in the games? 7. When were the first modern Olympic Games held? Where? 8. Are the Olympics held in the same place? 9. When did the Winter Olympic Games start being held? Where?

3. Найдите в тексте и выпишите следующие слова и выражения:

Мир, братство, содержать, древний, участвовать, возобновлять, зимние виды спорта, эмблема, достигать.

4. Найдите в тексте и выпишите следующие предложения:

1. Олимпийская эмблема — пять переплетенных колец: голубое, желтое, черное, зеленое и красное.
2. Первые современные Олимпийские игры были проведены в 1896 в Афинах.
3. Это был грандиозный спортивный праздник, включавший в себя соревнования по борьбе, бегу, езде на колесницах, гребле и др.
4. **Напишите все предложения в 3лице единственного лица PresentSimpleTense. Переведитенарусскийязык:**

The original Olympic Games began in ancient Greece in 776 B.C. These games were part of a festival held every fourth year in honor of God Zeus at the place called Olympia. It was a great athletic festival, including competitions in wrestling, foot racing and chariot racing, rowing and others.

6. Выпишите из текста все даты и напишите их буквами.

7. Выпишите из текста и переведите 7 глаголов и составьте с ними предложения.

8. Ответьтенавопрос:

What does the color of each Olympic ring mean?

9. Выпишите из текста и переведите 5 глаголов, составьте с ними 5 предложений в PresentContinuous



Вариант 8

1. Прочтите и переведите текст:

Sports

Sport is probably as old as the humanity itself. It has been developing with the developing and growth of the mankind. All over the world people of different ages are very fond of sports and games.

Sport not only helps people to become strong and to develop physically but also makes them more organized and better disciplined in their daily activities. It makes for a healthy mind in a healthy body. Sports help people to keep in good health.

We all need to exercise. Even if you don't plan to make a career in sport you still have to practice. Regular exercises give you more energy. That is why many people who suffer from general tiredness should take more exercise than more rest.

Exercise makes you feel and look better.

The best exercise is one which involves in repeated movements, those are: walking, jogging or swimming. Bending and stretching will add flexibility and feeling of lightness.

Among the sports popular in our country are football, basketball, swimming, volleyball, ice hockey, tennis, gymnastics, figure skating. A person can choose sports and games for any season, for any taste.

2. Ответьте на вопросы:

1. Why is sport so important in our life? 2. Do all the people need exercise? 3. What should people who suffer from general tiredness do? 4. How does exercise change you? 5. What kind of exercise is the best? 6. What sports are popular in our country?

3. Найдите в тексте и выпишите следующие слова и выражения:

Человечество, деятельность, способствовать, здоровье, упражняться, усталость, гибкость, быть собранным, тренировка, физические упражнения.

4. Выпишите из текста все названия видов спорта и переведите их.

5. Выпишите из текста и переведите 5 глаголов, составьте с ними 5 предложений в Present Continuous

6. Выпишите из текста и переведите 5 существительных и образуйте от них множественное число.

7. Выпишите из текста и переведите 7 глаголов и составьте с ними предложения.



Вариант 9

1. Прочтите и переведите текст:

Sport in my life

Sport is very important in our life. The general belief is that a person who goes in for sports can't be weak and ill. Physically inactive people get old earlier than those, who find time for sport activity. And of course good health is better than good medicine.

People all over the world are fond of sports and games. In our country sport is being widely popularized as well. The most popular kinds of sport are football, volleyball, basketball, tennis, figure-skating, aerobics, ping-pong and swimming. A lot of people are fond of jogging. In schools and colleges sport is a compulsory subject. Many young people attend sport sections. Some of them dream to become professional sportsmen.

As for me, I can't imagine my life without sport. In summer I go jogging every morning and when I have free time I attend swimming pool. In winter I like to skate with my friends. It's fun. Also I'm fond of aerobics. First of all aerobics helps to keep myself fit. It also attracts me because it resembles dancing.

In conclusion I'd like to say that I'm absolutely sure that doing sports is the best way to keep fit. Sport makes our bodies strong, it prevents us from getting too fat, and makes us more self-organized and better disciplined.

2. Верно/неверно:

1. Sport is very important in our life. ____
2. A person who is engaged in sports can be weak and sick. ____
3. Physically inactive people age earlier than those who find time to exercise. ____
4. Good health is better than good medicine. ____
5. In the summer, the author jogs every morning, and in my free time, I visit the pool. ____
6. In winter, the author does not like to skate with friends. It's not fun. ____
7. The author is absolutely sure that playing sports is not the best way to keep fit. ____
8. Sports make our bodies strong, they keep us from getting too fat, they make us more organized and disciplined. ____

3. Найдите в тексте и выпишите следующие слова и выражения:

Малоподвижный, заниматься спортом, больной, лекарство, спортивные секции, бегать трусцой, ожирение, крепкое здоровье, стареть, быть похожим, препятствовать, толстеть.

4. Выпишите из текста все названия видов спорта и переведите их.

5. Выпишите из текста и переведите 5 глаголов, составьте с ними 5 предложений в Present Continuous.

6. Выпишите из текста и переведите 7 глаголов и составьте с ними предложения.

7. Поставьте вопрос к выделенным словам:



1. The most popular kinds of sport are **football, volleyball, basketball, tennis, figure-skating, aerobics, ping-pong and swimming.**
2. In summer I go jogging **every morning** and when I have free time I attend swimming pool.

Вариант 10

1. Прочтите и переведите текст:

Sport in My Life (Swimming)

Proceeding from the reason that physical culture is the shortest and surest way of building up one's health I can say that many people go in for sports. That's one thing in which people of different nationalities are united. The main purpose of physical culture is not to produce champions but to develop strong and healthy people.

Sport requires from a person quickness of reaction and endurance, strength, quick feet. Sport makes one more energetic and gives that recreation and change that is so necessary to keep us fit.

Sport helps men to find a common language with people of all occupations, ages, interests, it develops international understanding and friendship, helps to strengthen peace and good neighbour relations among nations.

There are numerous sports to choose and some of them depend on the time of the year. Sports are not only a way of keeping fit and spending your free time but they are also a way of socialising with different people outside of work or school.

There are a variety of sports that we can participate in today, for example, basketball, archery, swimming, table tennis, hockey, golf, badminton, squash; mountaineering, athletics (field and track events); water sports (water-skiing, canoeing) and horse racing.

In my opinion, the most popular sports in England are football, tennis, cricket and rugby. Although things have changed somewhat in the last few years, traditionally the Saturday afternoon match was a family outing and a large number of people are great fans of football. Cricket and tennis are also very popular and traditional summer sports.

My favorite sport is swimming. I learnt to swim when I was at kindergarten. We were lucky enough to have a swimming-pool and we had swimming lessons every week. Ever since then I have enjoyed swimming especially in summer when you can swim in the sea. We also play (ed) netball, football and hockey at school

In winter I'm interested in winter kinds of sports, especially skiing and biathlon. I like to watch the competitions on TV and try to find free time to spend a couple of hours in the fresh air, skiing with my friends.

Numerous recreation grounds and sports centers in our country give everyone the opportunity to try practically any sport they want to and to be taught how to play it properly as well.

2. Ответьте на вопросы:

1. What is physical education?



2. What is the main goal of physical education?
3. What do sports require for a person?
4. Are sports events an opportunity to communicate with different people?
5. What sports are the most popular in England according to the author?
6. What is the author's favorite sport?

3. Найдите в тексте и выпишите следующие слова и выражения:

Заниматься спортом, быстрота реакции, выносливость, сила, скорость, здоровье, отдых, отношения между странами, возможность, бассейн, спортивная площадка.

4. Выпишите из текста все названия видов спорта и переведите их.

5. Выпишите из текста предложения с оборотом there are/is и переведите их на русский язык.

6. Выпишите из текста и переведите 7 глаголов и составьте с ними предложения.

7. Поставьте вопрос к выделенным словам:

1. There are numerous sports to choose and some of them depend **on the time of the year**.
2. **Sport** helps men to find a common language with people of all occupations, ages, interests, it develops international understanding and friendship, helps to strengthen peace and good neighbour relations among nations.

8. Напишите ниже данные предложения в 3 лице единственного числа Present Simple Tense.

My favorite sport is swimming. I learnt to swim when I was at kindergarten. We were lucky enough to have a swimming- pool and we had swimming lessons every week. Ever since then I have enjoyed swimming especially in summer when you can swim in the sea. We also play (ed) netball, football and hockey at school

In winter I'm interested in winter kinds of sports, especially skiing and biathlon. I like to watch the competitions on TV and try to find free time to spend a couple of hours in the fresh air, skiing with my friends.

Вариант 11

1. Прочтите и переведите текст:

Sport in My Life (Volleyball)

Sport has always been the essential part of a healthy mankind life. To my mind it helps us to keep our body strong, active and fit. And it also makes our personality disciplined, organized and optimistic. Fortunately sport is getting more popular in our country. Most people go to the gym several times a week, they are keen on jogging, playing football, hockey, volleyball, basketball or tennis. Quite a lot of people go regularly to swimming-pools, ski-centers and skating-rinks.



It's funny but there are some people who spend most of the time in front of TV watching football channels or figure-skating championships, for example. And they proudly call themselves devoted sportsmen. I think they are just passive amateurs and fans of some sports teams. And it goes without saying that watching sports events and doing sports are not the same things at all.

As for me, I've been fond of sports activities since my childhood. To tell the truth I prefer team games because I like feeling support of my partners in such games. Volleyball is my favorite. You have to be fast and give unexpected balls to your competitors on the other side of the net. At school I was the captain of our volleyball team and we took part in our city matches. I enjoyed the atmosphere of competitions and the sweet taste of our victories. Sometimes we lost, of course, but we tried to accept our defeat with dignity. And now when summer comes we often play beach volleyball.

I really can't imagine my way of life without sport. I like regular training. It keeps my body healthy and young.

2. Ответьте на вопросы:

1. Has sport always been a part of the way of life of mankind?
2. What helps us keep the body strong, active, and fit?
3. Who are proud to call themselves dedicated athletes?
4. What kind of sport does the author of the text do?
5. Can the author imagine his life without sports?

3. Найдите в тексте и выпишите следующие слова и выражения:

Заниматься спортом, здоровый образ жизни, тренажёрный зал, бассейн, предпочитать, проигрывать, фанат, соперник, участвовать соревнования.

4. Выпишите из текста все названия видов спорта и переведите их.

5. Выпишите из текста 5 прилагательных и образуйте от них степени сравнения прилагательных.

6. Выпишите из текста и переведите 7 глаголов и составьте с ними предложения.

7. Поставьте вопрос к выделенным словам:

1. I enjoyed **the atmosphere of competitions and the sweet taste of our victories.**
2. And it also makes our personality **disciplined, organized and optimistic.**

8. Напишите 3 абзаца текста в 3 лице единственного числа Present Simple Tense. Переведите на русский язык.



Вариант 12

1. Прочтите и переведите текст:

Sports in Great Britain

England is a sports-loving nation. Sports in England take many forms: organized sports, which attract huge crowds to encourage their favourite teams to victory, athletic games played for recreation and others. Some sports are called spectator, when the number of spectators is greater than the number of people playing in the game. Other sports are called participant, sports attracting large crowds only on special occasions such as tournaments.

The game peculiarly associated with England is cricket. Many other games are English in origin, too, but have been accepted with enthusiasm in other countries. Cricket has been seriously and extensively played only in the Commonwealth countries, particularly in Australia, India, Pakistan. Cricket is slow, and a spectator, sitting in the afternoon sun after his lunch, may be excused for a little sleep for half an hour. Cricket is making no progress in popularity.

Association football or soccer is very popular. Nearly 49 million spectators each year attend matches between the great professional teams organized by the Football League. The biggest event in England is Cup Final played at the Empire Stadium, in Wembley, a London suburb. Rugby football is played with an egg-shaped ball which may be carried and thrown. Rugby is played mainly by amateurs.

The games of golf and tennis are played by great numbers of people. Golf is played in the countryside. It consists in driving a small ball towards and into holes separated by considerable distances, by means of special golf clubs. The aim is to go round using as few strokes as possible. There are many tennis clubs, but every town provides tennis courts in public parks. The world championship tennis matches are held in Wimbledon in London during June and July.

Next to football, the chief spectator sport in Britain is horse-racing. A lot of people are interested in the races and risk money on the horse which they think will win. Britain is also famous for motor-car racing, boat racing, dog racing, and even races for donkeys. The famous boat race between the teams of Oxford and Cambridge attracts large crowds of people.

Various forms of athletics, such as running, boxing, jumping, swimming are wide-spread in England. The English weather is not always cold enough to ski, skate, or toboggan, but winter is a good season for hunting and fishing. Indeed sport in one form or another is an essential part of daily life in Britain.

2. Переведите на английский язык:

1. В Великобритании, стране любителей спорта, получили распространение различные виды спорта и спортивные игры. 2. Крупные соревнования по многим видам спорта привлекают огромное число зрителей. 3. Крикет — чисто национальная игра, она получила распространение только в странах Содружества. 4. Популярность клубного футбола быстро растёт. 5. Регби — в основном профессиональный вид спорта. 6. Многие англичане любят скачки и ставят деньги на лошадей. 7. Среди англичан популярность завоевали как спортивные игры, так и различные виды спорта, в том числе различные виды



легкой атлетики. 8. Спорт в той или иной разновидности играет важную роль в повседневной жизни Великобритании.

3. Найдите в тексте и выпишите следующие слова и выражения:

Спортивная нация, привлекать, превышать, популярность, профессиональные команды, зритель, матч, стадион, лунка, удар, теннисный корт, лодочные гонки, скачки, собачьи бега

4. Выпишите из текста все названия видов спорта и переведите их.

5. Выпишите из текста и переведите 5 глаголов, составьте с ними 5 предложений в Present Continuous

6. Выпишите из текста и переведите 7 глаголов и составьте с ними предложения.

7. Поставьте вопрос к выделенным словам:

1. The game peculiarly associated with England is **cricket**.
2. Cricket has been seriously and extensively played only in the Commonwealth countries, particularly **in Australia, India, Pakistan**.
3. **Nearly 49 million** spectators each year attend matches between the great professional teams organized by the Football League.
4. It consists in driving a **small ball** towards and into holes separated by considerable distances, by means of special golf clubs.
5. Next to football, the chief spectator sport in Britain is **horse-racing**.